

CERTIFICATE

OF PARTICIPATION

This is to certify that

Emmanueal Mais

Has successfully participated & completed the

42km CDM 4-in-1 2019

held at Polokwane Rugby Fields.

TIME 04:53:39

PACE 06:58/km

OVERALL 299 of 440

16 February 2019, Sat

Date

GENDER 250 of

351

40+ 76 of 119



Signature

